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# TOGETHER WE CAN STOP SEXUAL VIOLENCE

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**DATA. ACTION. ADVOCACY.**

To break the cycle of violence.



**Together  
for girls**

STRENGTH IN NUMBERS

## Here are five things you can do to help stop sexual violence:

- ✓ **Learn more:** Learn how the issue is impacting your local community, your nation and the world, and then share with friends and family. To get started, visit [endgbvnow.org](http://endgbvnow.org) or [vawresourceguide.org](http://vawresourceguide.org).
- ✓ **Shatter the silence:** For far too long, sexual violence has been shrouded in silence and shame. Millions have bravely shared their stories as part of the #MeToo movement. But there's still much more work to be done, and we all must help create an enabling environment for more survivors to come forward.
- ✓ **Know what to do:** When it comes to sexual violence, friends and family are often the first responders. Learn how to support someone who has been sexually assaulted. To learn more, visit [everyhourmatters.org](http://everyhourmatters.org)
- ✓ **Talk to children (and adults) about consent:** It's important to talk to children of all ages about empowerment and consent, and the difference between appropriate and inappropriate touching. The #MeToo movement has shown us that adults, especially men, need to have more conversations about consent.
- ✓ **Support those working to end sexual violence:** You can volunteer your time, donate money and/or lobby legislators.



For more information, visit [togetherforgirls.org](http://togetherforgirls.org).