DATA. ACTION. ADVOCACY.

To break the cycle of violence.

Together we can stop sexual violence.

Together for girls
Strengthen in numbers
Here are five things you can do to help stop sexual violence:

✔️ **Learn more:** Learn how the issue is impacting your local community, your nation and the world, and then share with friends and family. To get started, visit endgbvnow.org or vawgresourceguide.org.

✔️ **Shatter the silence:** For far too long, sexual violence has been shrouded in silence and shame. Millions have bravely shared their stories as part of the #MeToo movement. But there’s still much more work to be done, and we all must help create an enabling environment for more survivors to come forward.

✔️ **Know what to do:** When it comes to sexual violence, friends and family are often the first responders. Learn how to support someone who has been sexually assaulted. To learn more, visit everyhourmatters.org.

✔️ **Talk to children (and adults) about consent:** It’s important to talk to children of all ages about empowerment and consent, and the difference between appropriate and inappropriate touching. The #MeToo movement has shown us that adults, especially men, need to have more conversations about consent.

✔️ **Support those working to end sexual violence:** You can volunteer your time, donate money and/or lobby legislators.

For more information, visit togetherforgirls.org.