

## Resources for Post-Rape Care

EVERY  
H<sup>72</sup>OUR  
MATTERS  
Speed is of the essence.



Many existing resources provide guidance, training materials, and best practices for developing post-rape care services and protocols. These resources can support national, sectoral, and community leaders to take action on post-rape care and ensure that increasing service availability and heightening awareness occurs simultaneously.

>> Click on the **orange headlines** to link directly to the online resources.

### GUIDELINES

**World Health Organization Clinical Management Guidelines:** Standard of guidance for providing post-rape care in a medical setting.

**Essential Services Package for Women and Girls Subject to Violence – Core Elements and Quality Guidelines (UN Women, UNFPA, WHO, UNDP, UNODC):** The document identifies the essential services to be provided by the health, social services, police and justice sectors as well as guidelines for the coordination of essential services and the governance of coordination processes and mechanisms.

**The Clinical Management of Children and Adolescents Who Have Experienced Sexual Violence: Technical Considerations for PEPFAR Programs:** This document provides guidance for post-rape care services for children. Though the guide was developed for the U.S. President's Emergency Plan for AIDS Relief (PEPFAR) programs, it can be used by governments to integrate content into national guidelines.

**Strengthening Linkages Between Clinical and Social/Community Services for Children and Adolescents Who Have Experienced Sexual Violence:** This is a companion guide to the *Clinical Management of Children and Adolescents Who Have Experienced Sexual Violence*, which is designed to help healthcare workers and managers understand and facilitate links to social and community services, ensure support for children who experience violence beyond the clinical setting, and change social norms that perpetuate violence.

**Guidelines on Post-exposure Prophylaxis for HIV and the Use of Co-trimoxazole Prophylaxis for HIV-related Infections Among Adults, Adolescents and Children:** In this supplement (December 2014) to the 2013 consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection, recommendations include post-exposure prophylaxis for HIV and the use of co-trimoxazole prophylaxis for HIV-related infections among adults, adolescents, and children.

**Responding to Intimate Partner Violence and Sexual Violence Against Women:** These guidelines from the World Health Organization will equip healthcare providers with evidence-based guidance as to how to respond to intimate partner violence and sexual violence against women. They also provide advice for policy makers, encouraging better coordination and funding of services, and greater attention to responding to sexual violence and partner violence within training programs for health care providers.

**Health Care for Women Subjected to Intimate Partner or Sexual Violence: A Clinical Handbook:** This handbook from the World Health Organization provides easy steps and suggestions to help clinicians provide high-quality support and comprehensive care to a woman who has been subjected to violence.

## COUNTRY-SPECIFIC EVIDENCE AND GUIDELINES

**A Review and Evaluation of Multi-Sectoral Response Services (“One Stop Centers”) for Gender-Based Violence in Kenya and Zambia:** Evidence for the one-stop centre model from Zambia and Kenya, published in 2012 by Population Council.

**Comprehensive Post-Rape Care Services in Resource-Poor Settings: Lessons learnt from Kenya (Liverpool VCT):** A policy briefing for establishing comprehensive post-rape care services.

**National Guidelines on Management of Sexual Violence in Kenya:** Example of national guidelines for clinical management.

## ADDITIONAL RESOURCES

**Child Helpline International:** 142 countries have child helplines that can provide information and referrals to medical and other services. Resources for establishing and managing a child helpline are also available.

**Child Maltreatment Medical Curriculum (BRANCH Partners):** This curriculum, designed to be delivered by highly-qualified staff, improves multiple medical, communication and diagnostic skills related to child abuse. The package includes facilitator and participant manuals, surveys and a course review. BRANCH Partners also offer materials for training one-stop center staff.

**Gender-Based Violence and HIV: A Program Guide for Integrating Gender-Based Violence Prevention and Response in PEPFAR Programs:** While there is mounting evidence that gender-based violence (GBV) is both a cause and consequence of HIV infection, programs and services designed to address these pandemics are largely fragmented. This guide offers a starting point for program managers and others to integrate a basic response to GBV within existing HIV programs.

**Violence Against Women and Girls Resource Guide (World Bank, Global Women’s Institute at George Washington University, Inter-American Development Bank, and International Center for Research on Women):** The guide provides basic information on the characteristics and consequences of violence against women and girls; guidance on how to integrate prevention and violence response into a range of development projects; and recommended strategies for integrating violence against women and girls (VAWG) into policies and legislation, as well as sector programs and projects.

**Ending Child Marriage and Meeting the Needs of Married Children: The USAID Vision for Action:** This strategy document outlines USAID’s commitment to, and plan for, ending child marriage and meeting the needs of married children. It contains information on proven strategies and evidence-based interventions for preventing child marriage, along with information on diverse factors contributing to child marriage.

**Female Genital Mutilation/Cutting: A Statistical Overview and Exploration of the Dynamics of Change:** This UNICEF report is a comprehensive statistical overview of female genital mutilation/cutting (FGM/C) in the 29 countries where the practice is concentrated. The purpose of the report is to generate an in-depth understanding of FGM/C that can be applied to the development of policies and programmes, with the ultimate aim of eliminating the practice.

**Law Enforcement and HIV Network:** The Law Enforcement and HIV Network (LEAHN) is a way of connecting people involved in HIV prevention, particularly those working in law enforcement and public health. LEAHN aims to help build sustainable global and local partnerships to work more effectively with vulnerable groups, such as people who inject drugs, sex workers, prisoners, migrants and men who have sex with men.

### TOGETHER FOR GIRLS GLOBAL PARTNERS:



### EVERY HOUR MATTERS PARTNERS:



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